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| --- | --- | --- | --- | --- | --- | --- |
|  | 1 | Break | 2 | Lunch | 3(20 mins) | 4***Our Environment*** |
| Monday | English | Maths | Outdoor activity/mindfulness/reading activity | Environment related activities/art therapy |
| Tuesday | English | Maths | Outdoor activity/mindfulness/ reading activity | Exploring and developing ourselves in a changing World through speaking and listening, reading and writing |
| Wednesday | English | Maths | Outdoor activity/mindfulness/daily reading | PE/ Physical activity or Art related activities/art therapy |
| Thursday | English | Maths | Outdoor activity/mindfulness/daily reading | PSHE activities  |
| Friday | English | Maths | Mindfulness  | Class journaling/choice activities |

***Safe distancing, cleaning and handwashing routines throughout the day are to be followed for all students and staff***